heerleading may not seem like a very difficult sport, but it takes a lot of time, patience and

many hours of practice.

"For homecoming five cheerleaders worked on the dance routine for the pep assembly for three hours. The next day it was a hit and the crowd really got into it, we got a lot of compliments," stated Denise Cermak. Although the dance routine went very well, Denise was a little shook up when she was dropped by her teammates while doing a

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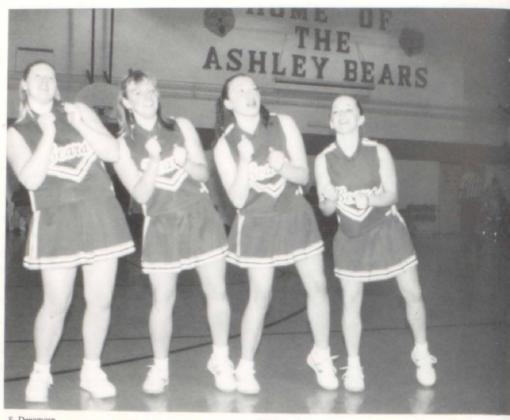
WORK GENEE

mount at practice. But the girls were able to step over that mistake and learn from it.

"The worst moment of the season had to be practice right before homecoming football game, when we dropped Denise doing 6 mount! It was scary. We all thought she was hurt!" ex-



Cheerleading



S. Densmore

Teamwork- The cooperative effort of reaching greater heights through unity.

GET YOUR GROOVE ON! Getting into their moves, Becky Long, Katie Beck, Vikki Turner, and Stephanie Beck break it down to the music of their new dance routine.

claimed Megan Diffin.

The basketball cheerleaders also played a big role this season.

"The beginning of the season was hard. We had to teach rookie Vikki Turner all the cheers," commented Katie Beck

That might sound easy but before Vikki was ready for the season, the Veteran cheerleaders taught her how to do over fifty cheers.



C. Prikasky

SHOW THE SPIRIT! Denise Cermak and Angie Turner wait for the Bears to run though the cheerleaders sign of spirit right before the start of the game.